

# Information about online medical records - for immigrants

FOR RESIDENTS

## Contents

1	Information.....	3
1.1	Information to patient .....	3
1.2	Sealing your Medical Records .....	3
1.2.1	What to do .....	3
1.3	Revoking your seal.....	3
1.3.1	What to do .....	3
1.4	Bringing forward direct access to your Medical Records .....	4
1.5	Extending direct access to guardian .....	4
1.5.1	What to do .....	4

# 1 Information

## 1.1 Information to patient

If you have any questions about the content of the Medical Records, please contact the respective care unit. If you have any general questions about the service, please contact national support for 1177 e-services.

## 1.2 Sealing your Medical Records

You can seal medical records information from a certain clinic or department. The information from that particular clinic will then not be displayed when you read your medical records online.

After sealing medical records information, you will no longer be able to access the information, even using your e-identification. Healthcare will still have access to your Medical Records.

### 1.2.1 What to do

- Log in to 1177 e-services via 1177.se
- Click on to Medical Records Services under Other Services and on to Medical Records
- Click on Options in the menu, seal account and follow the instructions
- A confirmation will be shown on the screen that sealing has been performed

If you cannot or do not wish to do the sealing yourself, you can request sealing of your own Medical Records.

- Download the form [Invånares försegling av 1177 journal eller låsning av konto på 1177](#) (Sealing – request or revoke) at regionuppsala.se
- Fill in the form, print and sign it
- Send the original form, see address on the form

The case will be dealt with as soon as possible, usually the following working day.

Confirmation will be sent to you after sealing if you require this.

## 1.3 Revoking your seal

If you have sealed your medical records information, you will no longer have direct access to this. You need to place an order to revoke the seal.

### 1.3.1 What to do

- Download the form [Invånares försegling av 1177 journal eller låsning av konto på 1177](#) (Sealing – request or revoke) at regionuppsala.se
- Fill in the form, print and sign it
- Send the original form, see address on the form

In order to ensure there are no threats against you, a check against threats will be requested by the Region's Central Unit for Blocking and Retrieving. If there is any suspicion of a threat, you will be contacted by telephone.

In order to safeguard your identity, a registered letter will be sent to your registered address. This can only be collected by you, not by any representative or a person with power of attorney. The

registered letter will contain information regarding what breaking the seal means as well as a unique code.

The matter will be dealt with as soon as possible, usually the following working day.

## 1.4 Bringing forward direct access to your Medical Records

Once you are 16 years of age, you can personally log in to your Medical Records via 1177 services. In exceptional cases, the activity manager can request earlier direct access, which then applies to the activity that the activity manager is responsible for. The decision is reviewed annually and it is your responsibility to provide a new request after a year. The decision can also be granted until your 16th birthday.

What to do

- Download the form [Tilldela eller häv direktåtkomst till 1177 journal](#) (Direct Access – request or revoke) from [regionuppsala.se](#)
- Fill in the form, print and sign it (by the child/young person and activity manager)
- Send the original form, see address on the form

The administrator for 1177 e-service makes the award decision and will send confirmation if requested.

## 1.5 Extending direct access to guardian

When the child turns 13, your option of automatic access for the guardian to the child/young person's Medical Records automatically ceases. In exceptional cases, e.g., chronic illnesses or reduced functionality, where the participation of the parents is extremely important, exceptions can be made if the benefits of access exceed the child/young person's need for integrity. It is the activity manager who approves the guardian's direct access. Prior to making a decision, a maturity assessment will be done and the child's wishes and needs taken into account. Where the child/young person cannot express his or her will, the activity manager will ensure that he or she is not disadvantaged by the guardian having direct access to information from the care unit in question. The decision only covers the activity the activity manager is responsible for. The activity manager decides whether the decision should be reviewed annually or will apply until he or she is 16.

When he or she turns 16, authorisation will disappear and the patient can personally appoint a representative, e.g., the parents.

### 1.5.1 What to do

- Download the form [Tilldela eller häv direktåtkomst till 1177 journal](#) (Direct Access – request or revoke) from [regionuppsala.se](#)
- Fill in the form, print and sign it (by the child/young person, guardian and doctor responsible for treatment/activity manager). When the child/young person has several care contacts, a certificate should be provided per activity area.
- Send the original form, see address on the form

A confirmation will be sent to the guardian and child once assignment has taken place.